

### Provisional Result of the Senior Men Team Competition

Position	Team	Time
1	: Cardiff AAC (SM)	00:58:14
2	: Neath Harriers (SM)	01:03:48
3	: Les Croupiers (SM)	01:04:41

### Provisional Result of the Vet Men Team Competition

Position	Team	Time
1	: Les Croupiers (VM) A	01:02:00
2	: Pontypridd Roadents (VM)	01:06:52
3	: Les Croupiers (VM) B	01:09:33

### Provisional Result of the Senior Ladies Team Competition

Position	Team	Time
1	: San Domenico (SL) A	00:54:05
2	: Les Croupiers (SL)	00:55:50
3	: Cardiff Triathletes (SL) A	00:56:12

### Provisional Result of the Vet Ladies Team Competition

Position	Team	Time
1	: Pontypridd Roadents (VL) B	01:02:06
2	: Les Croupiers (VL) C	01:07:00
3	: Brackla Harriers (VL) A	01:07:38

### Provisional Result of the Non Club Men Team Competition

Position	Team	Time
1	: Tri & Run Club	00:47:43
2	: Leen & Mean	01:03:39
3	: Downshift	01:04:49

### Provisional Result of the Non Club Ladies Team Competition

Position	Team	Time
1	: Pant Stridders	00:57:54
2	: The Sisters	01:15:45
3		

### Provisional Result of the Non Club Mixed Team Competition

Position	Team	Time
1	: The Lemon Party	00:57:28
2	: Two Thorns	01:02:53
3	: The Sluggish Snails	01:08:10